

PERSONAL TRAINING



**LET ME DESIGN A CUSTOMIZED TRAINING PROGRAM TO ASSIST
YOU IN REACHING YOUR PERSONAL FITNESS GOALS.**

**CERTIFIED PERSONAL TRAINER
KELLY NORMAN**

**CONSULTATION
CU STUDENTS: \$10
CU EMPLOYEES: \$15
CLUB MEMBERS: \$20**

**TRAINING SESSIONS
CU STUDENTS: \$20
CU EMPLOYEES: \$40
CLUB MEMBERS: \$50**

**TAG TEAM TRAINING
30 MINUTES SESSIONS IN PAIRS: \$20**

**CONTACT KELLY NORMAN @268~3768 OR VIA EMAIL @
NORMANKL@CLARKSON.EDU TO SCHEDULE YOUR FIRST
APPOINTMENT.**